



Care Giving Friends Volunteer Application

What do Care Giving Friends volunteers do?

Volunteers help to provide **practical**, **emotional** and **spiritual** support to older adults who may not be able to remain independent and in their own home without the assistance of others.

Frequently our volunteers work in teams with other volunteers which gives everyone more scheduling flexibility. Volunteer activities include providing transportation to the doctor, food shopping, running errands, visiting and providing caregiver relief (respite care).

Training and support will be provided.

If you can help at least 2 hours 2 times per month we can definitely use your help!

.....
Yes I would like to help!

Name_____

Address_____

City/Zip_____

Home phone#_____

Cell Phone #_____

Work Phone #_____

Email address_____

For more information call 732-542-7012 ext.103